

## TIME

Keeping the Monkey from Becoming an Elephant

MLTA State Conference - 2013



#### **Great Conversations**

- »Start with a question
- » Key ingredient: Trust
- » Key outputs: Truth & Action



### Questions for you



Fireman?

Over-Committer?

Perfectionist?

Chatty Kathy?



### My objectives:

- »NOT fix you
- »TO Equip you with ONE thing you can use Wednesday



### Questions (answer on 3x5 card)

- » If I had an extra hour each day What is one thing I would use it for?
- » What is my biggest barrier for getting that hour today?



### TIME is precious

















### TIME is scarce



# Who's Got The Monkey?

William Oncken / Donald Wass





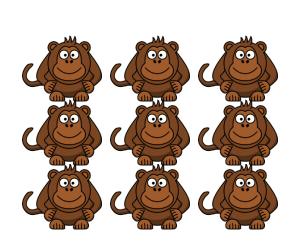


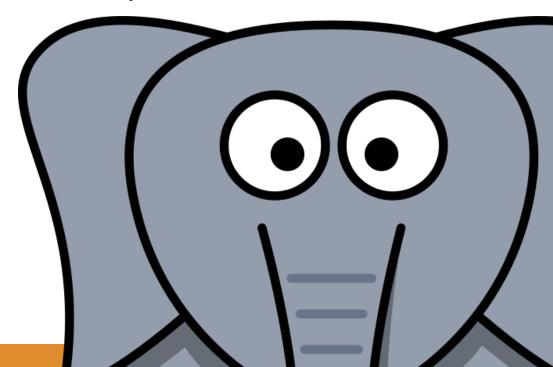


- »On 3x5 card: What 3 Monkeys do you pick up during a day?
- » Share your Monkey List at your table.
  Pick ONE Monkey to share from your table.



If you pick up 1 monkey a day - by the end of the year you have picked up a 15,000 pound elephant







#### TIME

- » Precious
- » Scarce
- » Monkeys become Elephants



### Tip #1: Own It

- »I collect Monkeys
- »I and ME in TIME
- » Name priorities / set priorities



**URGENT NOT URGENT** II **MPORTANT** - Preparation - Crisis - Planning - Pressing Issues - Prevention - Deadlines - Relationship building - Meetings - Personal Development III IV NOT IMPORTANT - Trivia - Interruptions - Some phone calls - Some mail - Excessive TV/Games - Many popular activities - Time wasters

# Activity: Setting priorities

Put your 3 monkeys into the Covey Time Management Matrix



### Tip #1: Own It

- » I collect Monkeys
- » I and ME in TIME
- » Name priorities / set priorities
- » Make a shift



### Tip #2: Practice these key habits

- » Meetings: More & shorter / Agenda / Commitments
- » Sending emails: 100 + 3 rule
- » Checking emails: M / N / End

**>>** 



### Tip #3: Time with people: Focus it and ration it

- » Talent Scorecard:
   http://www.thetrugroup.com/scorecard/
- » One-on-One Template http://www.thetrugroup.com/resources/tale nt-management-templates/



### As we wrap-up

- »Own your time
- » Practice key habits
- » Your people time: focused and rationed



#### One last question:

» What is the ONE thing you are taking away and plan on using?



#### **Next Steps**

Complete the evaluation. From completed evaluations I will draw 2 winners to receive a packet of the time management tools and resources and 1 hour of free coaching.

Links to all the resources I have talked about are at: www.thetrugroup.com/training-and-keynote-speaking/time



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### About the Speaker - Scott Patchin

Scott has a core belief that the habits leaders practice and the conversations they have with their people are the keys to their success. He launched his own leadership development company, The trU Group, in 2009 around the mission of helping others realize the excellence they were born to achieve.

He has work experience manufacturing, healthcare, and banking/mortgage industries. He leverages that experience to provide coaching and leadership development for both growth focused organizations and family businesses.

Learn more: | <u>LinkedIn</u> | www.thetrugroup.com