

Dare to Lead – The pages and content I want to return to

If you can read my writing, please thank my Mom because she was a teacher and still has handwriting that looks like its own font. These are the nuggets I took from what I consider to be the best leadership book that I read in 2019.

- p. 19/20 Def of Vulnerability
- p. 33/34 Gottman's research on "sliding door"
- p. 36 Psychological Safety
- p. 43 Amy Doherty quote
- Rumble? _____
- p. 52 Great Joseph Campbell quote (Fear)
- p. 53 Permission slips @ team mtgs
- p. 63 I am a traveller, not a mapmaker
- p. 69 Rumble boundaries, & time out
↳ great quote for facilitators..
- p. 78 Great quote for own it..
- p. 90 strong back, soft front, wild heart
- p. 92 Root of sarcasm - tear flesh
- p. 73 HOPE! Three steps: Goal, Pathway, Agency
- p. 97 3 healthy POWERS..
- p. 99 Compliance / Control - EDS won't work
- p. 100 TASC model / "Let's paint done"
- p. 107 Stuart Brown "opposite of play is depression"
- p. 113 Great manage feelings quote
- p. 114 Best example of vuln - I love you
- p. 115 Shame/vuln → experience is cross-cut.
- p. 129 Shame is the opposite of empathy.
- p. 143+ Empathy

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- p. 169 "Hold the tension"
- p. 172 Einstein quotes on curiosity
- p. 172/3 "Rumble starting @'s"
- p. 182 Rumble tools @ brenebrown.com
- p. 193 Values worksheet
- p. 208 great formula: Know my values & know me...
- p. 209 Annual activity (for EOS news-
letter)
- p. 211 Their speech
- p. 213 Assume positive intent
as skill building / learning
- p. 215 Doing the best they can ex-
ercise
- p. 221 Emotional lockdown
- p. 224 Braving TRUST inventory
- p. 228 Trap of not asking for
help
- p. 234 Self-Trust Brave checklist
- p. 238 Maya Angelou quote → use in
article

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