JoHari Window

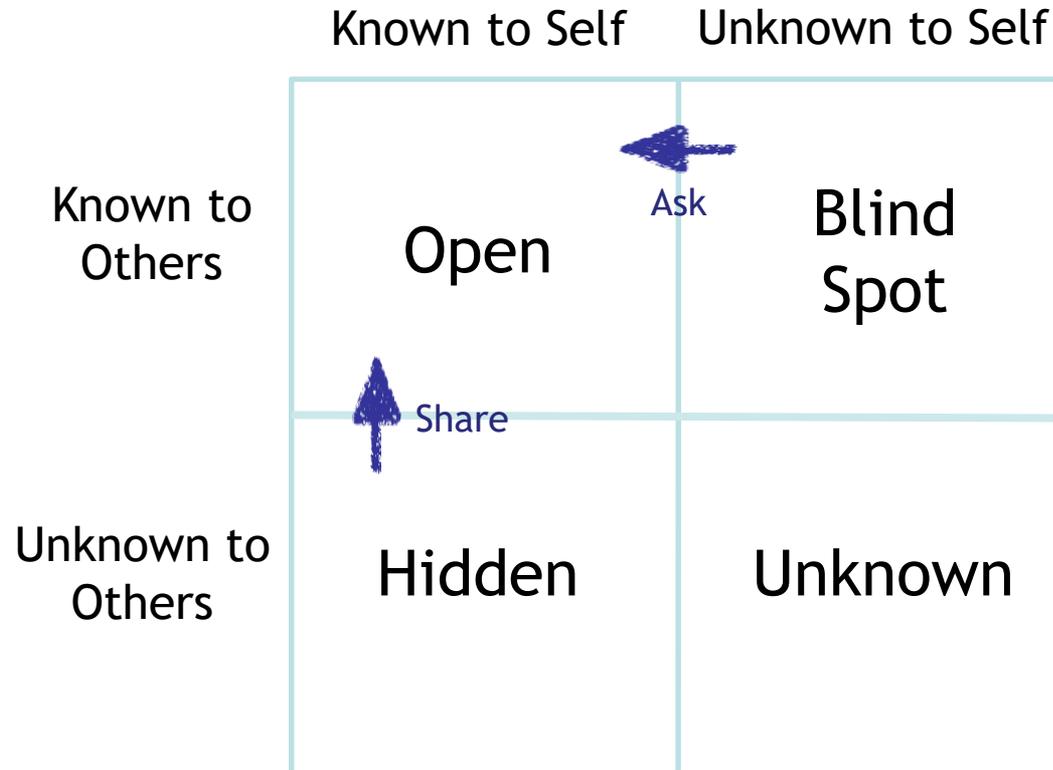**Tips to Develop Self-Awareness**

Practical (Hands-on)
- Experience
- Personality Inventories (Birkman Method)
- **Feedback (360's)**
- Coaching

Introspective
- Leadership Development Programs
- Journaling
- Mindfulness
- Therapy

Known to Self   Unknown to Self

Known to Others

Open   Blind Spot

Ask

Share

Unknown to Others

Hidden   Unknown

For more information, watch the YouTube video – Leadership and the Johari Window Part 1 / Part 2 by Scott Patchin